

O.R.O.

DANCE COMPETITION MAGAZINE

IGNITE YOUR
PASSION, ILLUMINATE
THE STAGE

INSIDE THE DANCER'S MIND:
AN EXCLUSIVE
INTERVIEW

IMPROVE
YOUR IMPROV
6 TIPS FOR FINDING
MOVEMENT IN
THE MOMENT

AMBASSADOR SPOTLIGHT:
AUBREY GONSALVES
A Rising Star

DANCE BEYOND LIMITS

WWW.ODANCE.COM

MAY 2024 | ISSUE 1

Aubrey Gonsalves

Introducing Aubrey Gonsalves, the vibrant and talented ambassador for the Oro Dance Competition. At the youthful age of 12, Aubrey has already established herself as a prodigious talent, mesmerizing audiences with her innate grace, precision, and boundless energy.



With a journey that commenced at the tender age of 3, Aubrey's passion for dance has blossomed into a formidable skill set, honed through years of dedication and unwavering commitment. From her earliest days of training to her current status as a competitive dancer, Aubrey's journey is a testament to her indomitable spirit and relentless pursuit of excellence.

As Aubrey continues to carve her path in the dance world, she serves as an inspiration to aspiring dancers everywhere. With her unwavering dedication, boundless talent, and infectious passion, Aubrey Gonsalves is poised to leave an indelible mark on the world of dance for years to come.

At the Oro Dance Competition, the stage glows like the sun, revealing the essence of

DANCING QUEEN

ORO DANCE AMBASSADOR

brings a new level of passion and inspiration to the event.

Can you tell us a bit about yourself and your interests outside of dance?

I currently dance at DanceWorks Performing Arts. I just turned 12 years old in April. I have been dancing since I was 3 years old. I have danced competitively since I was 7 years old. I enjoy baking, doing art and I like to travel. I enjoy getting together with my friends and family. I am represented by a talent agency and have been able to model and be in a dance video for Nike.

What are your future aspirations, personally and career-wise?

I would like to go into commercial dance or dance on Broadway.

I would like to become an Ambassador for Five Dancewear. I would like to become more flexible and get better at Tap dancing.

How do you prepare mentally before a performance?

I give myself positive affirmations and use breathing exercises.

Who is your biggest inspiration?

My dance teachers and older dancers at my dance studio.

What's your favorite dance move and why?

I love turns because they are fun and there are so many different turns you can do.



What inspires you most about being the Oro Dance Ambassador?

It is fun that I get to be a part of a brand new dance competition and help it grow. I feel honored to have been selected as an Ambassador.

Could you share a memorable childhood experience?

My first day of dance class and looking up to all of the older dancers at my studio.



ORO DANCE COMPETITION

Oro Dance Competition, where passion meets precision, and talent takes center stage. we strive for excellence in every aspect of our event. From the exhilarating energy of dynamic competitions to the meticulous adjudication by judges, we are dedicated to providing an unforgettable experience for dancers and spectators alike.

In 2025

Get ready for a golden launch!

Oro Dance Competition invites you to experience a launch that's worth its weight in gold! As we unveil our latest event, we're thrilled to offer free livestreaming, ensuring that the excitement of the competition reaches audiences far and wide. Directors, your contributions are invaluable, which is why we're proud to provide complimentary studio lunches as a token of our appreciation. And with free media coverage, our event promises to shine brighter

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It takes an athlete to dance, but an artist to be a dancer.

”

IMPROVE YOUR IMPROV

EMBRACE SPONTANEITY

- Allow yourself to let go of preconceived ideas and embrace the moment.
- Improvisation thrives on spontaneity, so trust your instincts.
- Let your body guide you.
- Explore the depths of your creativity without inhibition.

LISTEN TO THE MUSIC

Whether it's the rhythm of a drumbeat or the melody of a song, let the music inspire your movements.

Pay close attention to the nuances of the music and allow it to guide your improvisation, engage all your senses, immersing yourself fully in the present moment, feel the pulsating rhythm resonate within you, syncing your movements with the beat. you,.

EXPERIMENT WITH DYNAMICS

- Explore different levels, tempos, and intensities in your movements.
- Experimenting with dynamics adds depth and complexity to your improvisation, allowing you to express a wide range of emotions.
- Dive into the rich tapestry of movement possibilities, exploring the intricate interplay between lightness and strength, fluidity and sharpness, in your improvisation.

PLAY WITH SPACE

Use the space around you as a canvas for your movements. Experiment with different pathways, directions, and shapes to create visually compelling improvisations.

Let your imagination roam freely as you transform the space around you into a playground of creativity, exploring every corner and dimension with boundless curiosity.

CONNECT WITH YOUR BREATH

- Your breath is a powerful tool for connecting with your body and staying present in the moment.
- Use mindful breathing techniques to ground yourself and deepen your connection to your movements.
- Let your breath be your anchor, grounding you in the moment and amplifying your movement's power.

EMBODY EMOTION

Allow yourself to tap into your emotions and express them through your movements.

Whether it's joy, sadness, or anger, embodying emotion adds authenticity and depth to your improvisation, creating a truly compelling performance.

Dive deep into the wellspring of your emotions, allowing them to flow freely through your movements, infusing your improvisation with raw authenticity and captivating intensity.

MARK YOUR CALENDARS FOR OUR 2025 LAUNCH!

**Get ready to experience
the magic of dance like
never before at Oro Dance
Competition!**

**Your presence has the
power to transform this
event into an
unforgettable celebration.
From electrifying
performances to
triumphant moments, it's
a journey you won't want
to miss.**

**As we prepare to raise the
curtain on this spectacular
event, we extend a special
invitation to you. Join us
and be part of the**



PORTLAND, OR
FEB 21-23, 2025

GREEN BAY, WI
MAR 7-9, 2025

SACRAMENTO, CA
MAR 21-23, 2025

LAS VEGAS, NV
MAR 28-30, 2025

PHOENIX, AZ
APR 4-6, 2025

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